

# Melasma Kit Instructions



## Melasma Kit Includes:

1. Mask: Azelaic Acid 15%, Hydroquinone 8%, Kojic Acid 4%, Retinoic Acid 0.05%
2. Maintenance Cream: Hydroquinone 6%, Kojic Acid 4%, Retinoic Acid 0.025%
3. Clear Face Pads: Salicylic Acid, Sulfacetamide Sodium, Clindamycin
4. Peptide Cream with hyaluronic acid and DMAE

## Step I. Cleanse Skin

## Step II. Apply Degreasing Solution

Top to bottom – All over face -- Do not remove

## Step III. Apply Melasma Mask

- Evenly distribute the cream to form a facial mask.
- Apply a thicker layer over the areas of pigmentation, and gradually thin out over the rest of the face.
- Avoid getting too close to the eyes.
- Apply Vaseline where permanent make up is present.
- The mask should not be too thin or too thick. (It is recommended to use at least 3/4 of the jar. Save the 1/4 for "spot treatment.")



## Step IV. Remove Mask

After the action time indicated has elapsed, the patient must remove the mask with neutral cleanser and water and immediately apply Peptide Cream over the entire treated area

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**Skin Type  
I & II**

6-8 hours

**Skin Type  
III & IV**

8-10 hours

**Skin Type  
V & VI**

10-12 hours

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These are recommended application times only. Consideration should be taken in accordance with skin sensitivity, evolution of pigment, and professional experience in use of the product.



## 24-48 Hour Evaluation of Melasma Mask Treatment

- The skin may or may not have a slight pink tone
- The patient may or may not experience light flaking and exfoliation
- If very sensitive skin - patient may experience an itchy feeling
- Slight warmth (fever like) and tightening of the skin
- If dryness, excessive masking or irritation occur while using this regimen, stop using the product for 2 days and then resume on 3rd day.
- To relieve these problems, it is advisable to apply the Peptide Cream as needed.

## Home Care Protocol

The second phase consists of a home care program and begins the 2nd day following the removal of the mask and application of Peptide Cream. It is imperative that the patient follow the home care protocol -- results are dependent on compliance.

### Day 2 - 2 Weeks

Apply Maintenance Cream 3 times per day (for best results)

1. After cleansing the skin, apply a "dime size" of Maintenance Cream to the entire facial area. Allow to penetrate 15 minutes.
2. Apply a small amount of Peptide Cream both morning and evening.

### Weeks 3 - 10

Continue applying Maintenance Cream 2 times per day followed by Peptide Cream.

### 11 Weeks - 6 Months

Continue applying Maintenance Cream 1 time per day followed by Peptide Cream.

This regimen may be used at bedtime for 2-3 months. After stopping the regimen, it may be repeated 5-6 months later.